



## People Experiencing a Suicidal Crisis

All too often, people with serious thoughts of suicide who have the courage to reach out for help spend hours in the emergency department, days in the hospital, or months waiting for an appointment with a community mental health center.

Best practices for suicide prevention advocate for Next Day Appointments with Evidence-Based Treatments that focus on suicide thoughts and behaviors in Outpatient or Telehealth settings.

With the availability of the 988 Crisis Line in July 2022, coupled with a younger generation more willing to seek help for mental health, the demand for suicide treatment is growing. Current systems of care are unable to cope and provide the evidence-based, suicide-focused services people need and deserve.

## The Hope Institute

An effective solution is setting up a Hope Institute in your community. Hope Institute clients receive evidence-based suicide-focused treatment through a combination of CAMS and group DBT skills. Treatment begins within 24 business hours of referral.

Clients are seen in an outpatient setting or on secure telehealth, sometimes multiple times per week based on need. Hope Institutes are small, calm, and stigma free, staffed by clinicians motivated to work with clients and trained to treat the “drivers” that make the person want to end their life.

Because Hope Institutes focus exclusively on suicide, clients are stabilized in an average of 6 weeks.

## A Hope Institute in Your Community

The Hope Institute Team will partner with you to set up a Hope Institute in your community, selecting a location that makes sense and working with the community to build awareness that best practice, evidence-based, suicide-focused treatment is available at a fraction of the cost of hospitalization, and with better outcomes for people with serious thoughts of suicide.

The Hope Institute Team does the rest - hiring clinicians, training, scheduling, implementing systems, negotiating reimbursement rates with private insurers and Medicaid, certifying the center runs with fidelity to evidence based treatment and, most importantly, ensuring that clients have a life worth living.

Hope Institutes are cost effective and rapidly become self-funded by taking referrals from crisis lines, schools, ERs, hospitals, community mental health centers, sheriffs, jails, churches, youth groups, etc.

A Hope Institute can be open in 90 days and an 18 clinician center can treat over 3,000 clients each year.

## Next Steps

If you are interested in bringing the Hope Institute to your community, contact our team today - [Derek Lee](mailto:derek@perrysburgcounseling.org) ([derek@perrysburgcounseling.org](mailto:derek@perrysburgcounseling.org)) or [Andrew Evans](mailto:andrew@cams-care.com) ([andrew@cams-care.com](mailto:andrew@cams-care.com)).