

## LivingWorks & CAMS-care

**What is CAMS?** CAMS is the Collaborative Assessment & Management of Suicidality, an evidence-based, therapeutic approach for suicide-specific assessment and treatment. CAMS was developed by Dr. David Jobes, a leading suicidologist in the United States. CAMS is supported by decades of research conducted by Dr. Jobes in his Suicide Prevention Lab at Catholic University of America, and globally through multiple, long-standing collaborations.

**How does CAMS support people at risk?** CAMS teaches clinicians how to maintain focus on understanding how and why patients come to see suicide as the only option for solving the problems they face.

Highlights include:

- › Consistent use of the CAMS therapeutic framework
- › Interactive assessment process with clinicians and patients
- › Develop and implement patient-specific treatment plans
- › Treatment plan evaluated at every session
- › Goal to move suicide out of the way and facilitate progress towards a fulfilling life

**How does it differ from LivingWorks training?** The strategy of LivingWorks training and CAMS-Care is the same; both identify and support people at risk. The approach is different:

- › LivingWorks provides gatekeeper training in the community and is available to everyone
- › LivingWorks training teaches skills used in many settings, including by clinicians, to help people with thoughts of suicide maintain safety and connect to further help
- › CAMS is a therapeutic framework for suicide-specific assessment and takes a clinical approach to treatment of a patient's suicidal risk
- › CAMS teaches clinicians to treat the reasons people have for considering suicide

### Why CAMS?

- › Clinicians who have engaged in LivingWorks training may want additional resources in their clinical setting, and to acquire further tools that help build out a Network of Safety in their community.
- › People trained by LivingWorks may want to consider connecting someone with thoughts of suicide to a clinician trained in CAMS, when needed.

**For more information please visit: [CAMS-care.com](https://www.cams-care.com)**



## LivingWorks & CAMS-care

**What is LivingWorks?** For 40 years, LivingWorks has been a world leader in suicide prevention training, teaching critical skills to help keep people safer from suicide. LivingWorks' evidence-based training programs prepare people for different helping and connecting roles in the community, through a variety of learning experiences and formats.

**How does LivingWorks support people at risk?** LivingWorks' mission is to provide unique, quality training that empowers individuals, organizations, and communities to work together to keep people safe, access help, and find hope.

LivingWorks offers a suite of programs that require no previous training or experience in suicide intervention:

- › LivingWorks Start
- › LivingWorks safeTALK
- › LivingWorks ASIST (Applied Suicide Intervention Skills Training)
- › LivingWorks Faith

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### Why LivingWorks?

- › Clinicians trained in CAMS will benefit from LivingWorks training as a complement to their role both as a clinician and outside of the clinical setting
- › LivingWorks training can be engaged where they live, work, and play, helping to create a Network of Safety in their community.

**For more information please visit: [livingworks.net](http://livingworks.net)**

